

SBY Holiday Recipes



JAKE DAY

Buffalo Chicken MRE

Instructions:

1. Open MRE packet and remove contents
2. Place MRE pouch inside FRH (Flameless Ration Heater)
3. Pour water into bag until it reaches a level between lines.
4. Lean packet against "snowball or something" while heating
5. After ten to fifteen minutes (depending on air temperature) top half of bag can be torn off and the MRE can be removed and eaten.
5. Knead MRE to ensure uniform temperature. CAUTION: The contents will be hot.

Ingredients:

- 1 BUFFALO CHICKEN MEAL READY-TO-EAT
- WATER

PREP TIME: 10 MINUTES

SERVES: 1