### **RESOLUTION NO. 2976**

BE IT RESOLVED, by the City of Salisbury, Maryland that the following individual is reappointed to the Youth Development Advisory Committee, for the term ending as indicated.

Name Kala Farrare Term Ending
September 2022

THE ABOVE RESOLUTION was introduced and duly passed at a meeting of the Council of the City of Salisbury, Maryland held on September 23, 2019.

ATTEST:

Kimberly R. Nichols

CITY CLERK

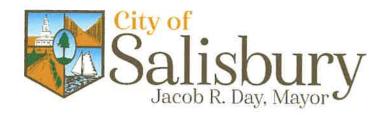
John R. Heath

PRESIDENT, City Council

APPROVED BY ME THIS

\_\_\_ day of <u>\$</u>\$\frac{\frac{5}{2019}}

Jacob R. Day MAYOR, City of Salisbury



# **MEMORANDUM**

To:

Julia Glanz, City Administrator

From:

Laura Baasland, Program Specialist

Subject:

Appointment to the Youth Development Advisory Committee

Date:

September 23, 2019

Mayor Day would like to reappoint the following person to the Youth Development Advisory Committee for the term ending as indicated.

Name

Term Ending

Kala Farrare

September 2022

Attached you will find information from Kala Farrare and the resolution necessary for her appointment. Please forward this information to the City Council so it may be placed on their agenda at the next Council meeting. Please let me know if you have any questions.

Attachment

cc: Mayor Day

August 20th 2019

Kala Farrare LCSW-C Founder/Executive Director Streets Incorporated Salisbury, MD 21804

Dear Mayor Day,

I am writing this letter to express my interest in joining the Salisbury, MD Youth Development Advisory Committee. Pursuing a career in the human services field I have had the opportunity to work with various populations throughout the state of Maryland. My professional experience within the social work field combined with earlier outside work experience in a variety of situations, has given me a clear and practical understanding of clients' needs and expectations. As an individual who has chosen a career in the helping profession, I am well aware of the effort, attention, and patience required to work closely with vulnerable populations to include those of lower economic statuses, child-welfare system, living with mental illness and/or substance dependence or addiction, those living with a developmental and/or intellectual disability, and those within the medical system. I have worked diligently to hone my social work skills; my experience, education, and personality have prepared me to work well with others and to respond creatively to challenges, crises, and added responsibilities.

With my time as a social worker for the Department of Juvenile Services, I have had the opportunity to work closely with many professionals and most importantly the youth of our community to understand their individualized needs. As a Licensed Certified Social Worker-Clinical I believe I can be an asset to the advisory committee as it relates to assessing the community needs while developing programs and services in to decrease and ultimately eliminate barriers in vulnerable communities.

I hope I spark interest in your team to be granted the opportunity to join the Youth Development Advisory Committee. Thank you in advance for the opportunity; please feel free to contact me via phone at (443) 735- 8807 or via email at <a href="mailto:kwinder0618@aol.com">kwinder0618@aol.com</a>.

Respectfully,

Kala Farrare, LCSW-C

## Kala Farrare

10418 Country Grove Cir. Delmar, DE 19940 443-735-8807 Email: Kwinder0618@aol.com

## Professional Objective

To pursue a successful career within a growth-oriented agency that will nurture and utilize my professional and personal skills within the field of social work while serving the disadvantaged, marginalized, oppressed and vulnerable populations.

### Education

Masters of Social Work Salisbury University Salisbury, MD
Bachelors of Science in Social Work Bowie State University Bowie, MD

## **Professional Training**

March 2019-Current

MENTOR Maryland

Salisbury, MD

Clinical Supervisor

As the Clinical Supervisor for MENTOR Maryland's Behavioral Health Services on the Eastern Shore I am responsible for providing clinical oversight of therapy services provided to clients and their families, developing and implementation of services plans, and ensuring quality services are provided.

- Receive, review, and assigned referrals to appropriate clinicians within a 24-hour time frame to.
- Review monthly reports to ensure a clinical reflection of services are depicted.
- Conduct quality checks through surveys, phone calls to families, and progress notes.
- Review time sheets, mileage submission to ensure accuracy prior to approval.
- Conduct team meetings to assist with case development, ensure services are rendered effectively, and fidelity documents are accurately completed.
- Assemble program statistics surrounding billing, contract compliance, and service hours on a weekly and monthly basis.
- Participate in programmatic meetings regarding program development, policies, etc. as needed.
- Participate in marketing meetings with community providers to increase organization census as well as inform stakeholders of modifications to services.
- Ensure program compliance with all corporate and legal requirements.
- Ensure development of comprehensive regional training for clinical staff, office coordinators, program participants and their families as needed.

March 2016- March 2019

Department of Juvenile Services Salisbury, MD

Social Worker, Criminal Justice

As a Social Worker for the Department of Juvenile Services Lower Eastern Shore Children's Center (LESCC) I am responsible for providing supportive services to juveniles between the ages of 10 to 21 deemed delinquent.

• Conduct court ordered and DJS requested psychosocial evaluations collaboratively with juveniles and their parents to obtain pertinent information to identify an appropriate level of care and treatment services. The psychosocial assist Case

- Management Specialist with identifying an appropriate out of the home placement or community based programs to adequately meet the juvenile's needs.
- Complete behavioral health intakes with juveniles as they are admitted to the facility to obtain information surrounding residency, mental health and substance abuse treatment, educational needs, medical needs, abuse/ neglect history to ensure all needs are met and a continuity of care.
- Provide crisis intervention as needed when juveniles are having a difficult time mentally, physically, and/or behaviorally.
- Collaborate with the treatment team to ensure the juvenile's needs are appropriately met within the facility or if assistance and modifications such as a Guarded Care Plan or Behavior Contract is needed to assist the juvenile with being successful in the program.
- Conduct suicide assessments to determine the juveniles level of risk, an appropriate level of care, if the juvenile verbally express the desire to harm oneself, youth score caution of warning in screening questionnaire, and/or if youth attempt suicide. To determine a safety plan and provide residential staff with instructions on how to ensure the juvenile is safe.
- Facilitate psychoeducational groups with juveniles to discuss various mental health disorders, symptoms, and impacts on life if not treated, as well as ways to treat various mental health disorders.

November 2015- March 2016 Department of Social Services Princess Anne, MD Social Worker, Family Services

As a Social Worker for the Somerset County Department of Social Service I completed a sixweek training to develop knowledge surrounding Maryland Child Welfare System. I was educated on the tools and skills necessary to accept a case into out-of home services, connecting youth with kinship care and/or appropriate foster care families, supervising office based visits between parents and their children, presenting the case in court, ensuring the youth's needs are met, collaboratively working with all providers to ensure youth's needs are met, and preparing youth and their families for reunification.

Foundations Care Management Hanover, MD April 2015- November 2015 Support Planner Supervisor

> As a Supports Planner supervisor I was responsible for supervising 12 Supports Planners providing case manager services to qualified adults under DHMH's Home and Community Based Programs.

Primary responsibilities are to ensure that supervisee's adequately meet the needs of assigned participant's as well as adhere to the policies set in place by DHMH Home and Community Based programs. Perform evaluations of supervisee's workload, ability to meet the participant needs, and time frame all needs are met within. Ensure that all plans of services met the individualized needs of our participant's so that approval may be obtained from DHMH. Review supervisee's quality of case management and documentation. Develop and train supervisee's on tools established to address limitations within the observed case management. Also responsible for communicating with DHMH, the Local Health Department, and service providers to ensure that services are properly initiated and all are adhere to the approved plan of service.

## Kala Farrare

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Support Planner

Serve as the linkage between Maryland residents with disabilities and special health care needs and Medicaid Home and Community Based Services. Primary client based included individuals transitioning from the nursing facility back into the community through the Community Options Waiver. Client base also included waiver registry participants, CFC, and MAPC eligible clients. Responsibilities include but are not limited to determining medical assistance eligibility for home and community based programs, completing assessment for community services based on interRAI and/or 302b form and plan of care completed by AERS nurse at the local health department, coordinating and orchestrating discharges from nursing facilities to the community, as well as the coordination, initiation, and evaluation of support services.

August 2013-May 2104

TLC Mental Health

Salisbury, MD

Mental Health Intern

Performed as a mental health intern delivering therapeutic services to youth living with mental health illness. Responsibilities include but are not limited to co-leading a positive decision making therapy group for adolescents, conducting school-based therapy, completing mental health intakes, and any other task delegated by field supervisor to meet the needs of my clients and the agency.

August 2013- May 2013

Community Crisis Service Inc.

Hyattsville, MD

Intern

Served as a phone counselor delivering a range of services to a multitude of vulnerable populations. Responsibilities as a phone counselor included but were not limited to minimizing the risk of suicide and self-harm due to a number of reasons for the National Suicide and Trevor hotline. In addition to phone counseling my responsibilities included completing intakes for Prince George's County homeless shelters as well as connecting families in need to shelter as openings became available. In conjunction with the Department of Social Services I was responsible for providing energy assistance statuses and information for energy assistance. Responsibilities also covered taking overnight CPS reports and linking cases to on-call worker.

## Related Experience

January 2015- April 2015

Foundations Care management

Hanover, MD

Quality Assurance Trainee

Worked alongside of the Quality Assurance Manager to analyze the case management completed within the organization to develop\tools to improve and enhance the current process. Perform audits on supports planner to analyze for fraudulent and negligent acts. Developed workshops to educate employees on the appropriate case management process and the completion of the case management process.

January 2014-April 2014

Dove Pointe

Salisbury, MD

Residential Aide

Perform as a residential aide responsible for assisting individual's developmental disabilities integrate in community activities and lead a functional life in home setting.

August 2012- June 2013

Clarity Service Group

Towson, MD

Therapeutic Aide

Served as a therapeutic aide assisting children with autism meet daily task in school setting. Help client's complete school assignments, manage behavioral concerns, and manage negative triggers while redirecting to positive mood.

June 2009- August 2009

Consortium for Child Welfare

Washington, D.C.

Social Work Intern

Served as an intern responsible for connecting clients with appropriate resources to address family needs, updating client files, and performing duties assigned by supervisor.

June 2009- August 2009 Pediatrics AIDS/HIV Care Inc. Washington, D.C.

Social Work Intern

Served as an intern assisting with adolescent summer camp; connecting children infected/affected by HIV/AIDS with positive community activities. Responsible organizing records of camper's attendance, DOES worker timesheets, campers weekly evaluations, as well as recording staff observations regarding camper's interactions and moods towards various activities. Provided campers with techniques to make healthy lunches and snacks, nutritional facts for healthy foods, and administering lunch and snacks daily.

### License

License Certified Social Worker-Clinical (LCSW-C) 21275

#### Skills

Psychosocial Evaluations Suicide Assessments Bio-psychosocial assessment Client Needs Assessment DSM V Diagnosing Intakes Case Management Record keeping Narrative writing Phone Counseling

#### Trainings

Family Centered Treatment (FCT) Trauma Informed Care Gang Awareness Suicide Training Report Writing Diversity Behavioral Principles and Strategies (BPS) Crisis Prevention and Intervention (CPI)

# Kala Farrare

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ASIST

## Organizations

Alpha Kappa Alpha Sorority Inc.