

RESOLUTION NO. 2692


BE IT RESOLVED, by the City of Salisbury, Maryland that the following individual is appointed to the Human Rights Advisory Committee for the term ending as indicated.

Name
Chalarra Sessoms

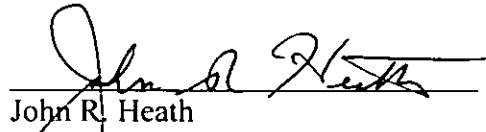
Term Ending
November 2020

THE ABOVE RESOLUTION was introduced and duly passed at a meeting of the Council of the City of Salisbury, Maryland held on November 14, 2016.

ATTEST:



Kimberly R. Nichols
CITY CLERK



John R. Heath
PRESIDENT, City Council

APPROVED BY ME THIS

21st day of Nov, 2016



Jacob R. Day
MAYOR, City of Salisbury

INTER

OFFICE

MEMO

OFFICE OF THE MAYOR

To: Tom Stevenson, City Administrator
From: Julia Glanz, Assistant City Administrator
Subject: Appointment to the Human Rights Advisory Committee
Date: October 19, 2016

Mayor Day would like to appoint the following person to the Human Rights Advisory Committee for the term ending as indicated.

<u>Name</u>	<u>Term Ending</u>
Chalarra Sessoms	November 2020

Attached you will find information from Chalarra Sessoms and the Resolution necessary for her appointment. Please forward this information to the City Council so it may be placed on their agenda for the next Council meeting. Please let me know if you have any questions.

Attachment

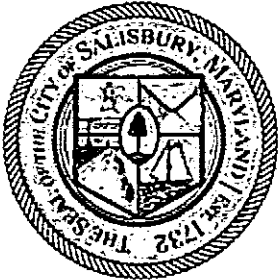
cc: Mayor Day

Nancy Talbott

From: Jacob Day
Sent: Wednesday, October 19, 2016 10:49 AM
To: Nancy Talbott
Subject: FW: Resume for Consideration for Human Rights Advisory Committee

Jacob R. Day

Mayor
City of Salisbury
125 North Division St.
Salisbury, MD 21801
Phone : 410-548-3100



www.salisbury.md

From: Chalarra Sessoms [mailto:casessoms.dst@gmail.com]
Sent: Monday, September 05, 2016 3:13 PM
To: Jacob Day <jday@ci.salisbury.md.us>
Subject: RE: Resume for Consideration for Human Rights Advisory Committee

Good afternoon,

You are most welcome. Enjoy your day as well.

Have a great and productive week.

Chalarra

On Sep 5, 2016 2:21 PM, "Jacob Day" <jdav@ci.salisbury.md.us> wrote:

Chalarra,
Thank you so much. We are working on this as we speak! Hope you're having a great Labor Day weekend.

Jake

From: Chalarra Sessoms [mailto:casessoms.dst@gmail.com]
Sent: Wednesday, August 17, 2016 11:29 PM
To: Jacob Day
Subject: Resume for Consideration for Human Rights Advisory Committee

Mayor Day,

It was a pleasure meeting with you on Tuesday. We appreciate the time you took to have a dialogue with us about continued growth in the City of Salisbury. As a resident, consumer, and public servant of the City, the issues and progress mean a great deal to me.

I have attached my resume for your review in consideration for a member of the newly formed Human Rights Advisory Committee.

Thanks for your time.

Chalarra

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Chalarra A. Sessoms, LCSW-C

Chair, Physical and Mental Health Committee

Chair, Program Planning and Development

Princess Anne Alumnae Chapter of Delta Sigma Theta Sorority, Inc.

"Without community service, we would not have a strong quality of life. It's important to the person who serves as well as the recipient. It's the way in which we ourselves grow and develop. " -

Dr. Dorothy Height

CHALARRA A. SESSOMS, LCSW-C

605 Camden Avenue • Salisbury, MD 21801 • (443) 523-6552 • casessoms.dst@gmail.com

SUMMARY OF QUALIFICATIONS

18 years of solid experience providing social work services. Excellent interpersonal, listening and communication skills. Ability to work independently and handle pressure. Sound ability to keep sensitive information confidential. Knowledge of human behavior, assessment, counseling, and case management. Proven ability to work with clients from rural and urban settings. Strong team building, organizational, and time management skills.

SOCIAL WORK EXPERIENCE

Wraparound Maryland, Inc., *Clinical Director*, Salisbury, MD, Aug. 2015-Present

- Provide Clinical Supervision to Care Coordinators and Case Managers in Mental Health Case Management Program in Wicomico, Somerset, and Baltimore City.
- Monitor Plans of Care.
- Serve as Co-Chair for Multi-Disciplinary Team meetings in Wicomico County for youth and families.
- Provide presentations to agencies regarding mental health case management.
- Work closely with the local core service agency and Beacon Health Options to ensure youth and families receive services.
- Plan and lead group supervision bi-weekly meetings with staff.
- Provide Continuous Quality Improvement for the agency.
- Assist in writing grant proposals.
- Lead in hiring essential staff.
- Serve as Field Instructor for Student Intern from Wilmington University, UMES, and Salisbury University

Wicomico County Health Department, *Child and Adolescent Coordinator*, Salisbury, MD, Apr. 2012-July 2015

- Served as Services Coordinator for Wicomico and Somerset Counties within Core Service Agency.
- Reviewed documents to approve or deny medical necessity for various services in the public mental health system.
- Assisted families in navigating the public mental health system.
- Worked closely with Mental Hygiene Administration and ValueOptions in providing assistance to individuals and agencies.
- Presented and participated in fairs within the communities to increase awareness of community resources, best practices, and needs of special populations.
- Monitored grants and audited programs as directed by the Office of Health Care Quality, ValueOptions, and Behavioral Health Administration.
- Compiled data, evaluated data, and produced reports.
- Participated in Multi-Disciplinary Team meetings to serve youth and families in need of support in Wicomico and Somerset Counties.

- Served on several committees throughout Maryland to increase better outcomes for consumers.
- Worked on committees to develop conferences.

Nanticoke Health Services, *Clinical Social Worker*, Seaford, DE

Aug. 2010-Apr. 2012

- Provided individual therapy to adolescents in a high school wellness center.
- Completed progress notes in a timely manner.
- Provided crisis intervention to students.
- Referred students and families to community services.
- Developed treatment plans.
- Utilized DSM-IV-TR to diagnose adolescents.
- Collaborated with school staff and administration.
- Created bulletin boards to address adolescent issues.
- Developed and implemented anger management curriculum.
- Co-facilitated a Grief/Bereavement Group.
- Administered Guidelines for Adolescent Preventive Services as an assessment tool.
- Organized events to address adolescent issues.
- Provided mentoring for a new master's level social worker.

Riverside Shore Memorial Hospital, *Program Therapist*, Accomac, VA

July 2010-Sept. 2010 contracted with PremierCare, Inc. from Aug. 2007-June 2010

- Provided group therapy to patients in an outpatient geriatric, therapeutic program.
- Provided individual therapy to patients dealing with psychiatric disorders and chronic medical conditions.
- Administered case management services to patients.
- Completed progress notes in a timely manner.
- Developed treatment plans.
- Completed diagnostic testing.
- Collaborated with physicians, nurses, social workers and families.
- Managed 2 mental health technicians.
- Led weekly treatment team meetings with nurse, medical director, therapist, and marketing coordinator.
- Coordinated discharge planning for patients.
- Worked closely with local nursing homes.

Charlottesville City Schools, *School Social Worker*, Charlottesville, VA

Aug. 2002-June 2007

- Provided school social work services for 3 elementary schools (Pk-4).
- Served 5 years as representative for CSA's Family Assessment and Planning Team.
- Developed new policies and procedures for Family Assessment and Planning Team (FAPT) to follow, approved monies of the services from FAPT process.
- Mentored 2 master's level school social workers.
- Coordinated and supervised teachers for homebound and tutorial

instruction.

- Demonstrated knowledge about national, state, and local special education law-IDEA and ensured compliance during special education eligibility meetings.
- Collaborated with principals, psychologists, speech therapists, teachers, school counselors, special education coordinators, and therapeutic behavioral specialists.
- Provided parents with information about services in the community to meet their families' needs.
- Assisted homeless children and families with resources and school entrance.
- Interviewed parents and developed sociocultural assessments for special education eligibility meetings and made recommendations to families.
- Made presentations in the community as needed about various topics

Charlottesville Department of Social Services, *Foster Care and Prevention Social Worker*, Charlottesville, VA

May 2000-July 2002

- Provided case management to 22 children and their families.
- Served 2 years as an agency representative for Family Assessment and Planning Team.
- Testified in court proceedings.
- Worked collaboratively with lawyers, probation officers, parents, foster children, and therapists.
- Provided excellent record keeping and documentation.

Region Ten Community Services Board, *Clinician*, Charlottesville, VA

Sept. 1999-May 2000

- Provided time limited clinical work with children and families.
- Formulated diagnostic impressions of children.
- Conducted regular home visits.
- Completed assessments.
- Developed service plans to address identified needs and goals.

City of Richmond Department of Social Services, *Foster Care Social Worker*, Richmond, VA Sept. 1998-May 1999

- Developed and implemented foster care service plans.
- Presented information and testified in Juvenile Domestic & Relations Court.
- Collaborated with probation officers, lawyers, educators, therapists, and families.
- Counseled children and families.
- Demonstrated excellent case documentation skills.

Eastern Shore Community Services Board, *In-home Clinician*,

Nassawadox, VA Jan. 1998-July 1998

- Counseled up to 5 families and their children that were at risk of their children being removed from their homes.
- Referred families to community agencies.
- Developed and monitored behavior plans for children at home and school.

- Created biopsychosocial assessments to address family needs.

Eastern Shore Community Services Board, *Therapeutic Behavioral Specialist*, Nassawadox, VA

July 1997-Jan. 1998

- Provided therapeutic activities for children diagnosed as emotionally disturbed.
- Co-facilitated a grief group for children.
- Monitored behavior plans for clients at home and school.

TEACHING AND CONSULTING EXPERIENCE

Salisbury University, *Social Work Adjunct Faculty, Basic Interviewing: Skills and Techniques 310 Hybrid*, Salisbury, MD Aug. 2013-January 2014

Salisbury University, *Social Work Adjunct Faculty, Introduction to Social Work I 320/620 Hybrid*, Salisbury, MD

Jan. 2013-May 2013

Dove Pointe, Inc., *Part-time Social Work Consultant*, Salisbury, MD

Aug. 2011-February 2012

Salisbury University, *Social Work Adjunct Faculty, Human Behavior in the Social Environment 300/610 Hybrid*, Salisbury, MD

Aug. 2011-Jan. 2012

LEADERSHIP SKILLS

Mental Health Association of the Lower Shore, Board President 2016,
Member since 2013

The Lower Shore LGBTQ Coalition, Inc. Co-founder, Past Co-Chair, Steering Committee, Board Member-Treasurer May 2013-Present,
Presented at True Colors Conference at University of Connecticut-Storrs, March 2015, March 2016

Children's Mental Health Awareness Event, Chair, 2014, 2016

Multi-Disciplinary Team Meeting (Wicomico), Co-Chair, May 2014-June 2016

Delta Sigma Theta Sorority, Inc., Princess Anne Alumnae Chapter, Chair,
Physical and Mental Health Committee, G.E.M.S. **Co-Chair** and Committee
Member, **Chair**, Program Planning and Development, Member of Executive
Board, 2014-2017

PFLAG Salisbury, Board Member, 2015-Present

EDUCATION

Master of Social Work, Clinical Social Work, Virginia Commonwealth University, Richmond, VA, degree granted Summa Cum Laude 4.0/4.0 GPA
Phi Kappa Phi, National Honor Society VCU Chapter May 2000

Bachelor of Science, Psychology, Minor Human Services Counseling, Old Dominion University, Norfolk, Virginia, degree granted Cum Laude
Golden Key International Honour Society ODU Chapter May 1997

LICENSES AND PROFESSIONAL ORGANIZATIONS

Licensed Social Work Supervisor, Maryland, November 2012
Licensed Certified Social Worker-Clinical, Maryland, Jan. 2011
Licensed Clinical Social Worker, Delaware, Inactive Status, June 2010
Licensed Clinical Social Worker, Virginia, Inactive Status, Sept. 2005
Certified School Social Worker, Virginia, Expired

Mental Health Association of the Lower Shore, Board President
Eastern Shore School Mental Health Coalition, Member

SKILLS

- Geriatric Depression Scale, Mini Mental Status Exam, MOCA, Trail Making Skills Test, BASC-2, Vineland-II Adaptive Behavior Scales, Conners' Parent Rating Scale, ABAS-II, CAFAS, and PECFAS, GAPS
- Microsoft Word, Excel, PowerPoint, Internet, Electronic Medical Records.

SPECIAL TRAINING

ARC-Attachment, Self-regulation, and Competency Training-August 22 and August 23, 2013
Youth Mental Health First Aid Instructor
Core Mental Health First Aid Instructor
Hearing Distressing Voices Trainer